cheese

sauces

Taco for lunch or supper made with chicken or beef. spicy or not spicy

6-10 Taco shell or soft tortillas

1 lb hamburger

1 pouch Taco seasoning mix

- Spinach or lettuce
- 1 big tomato

1 wash hands

2 Fry hamburger on medium heat. Get an adult to help make sure the hamburger is brown

- 3 Add seasoning to cooked hamburger
- 3 Then cut tomato into small squares

4 Grate cheese

- 5 wash lettuce or spinach and cut it
- 6 put ingredients on shell or tortillas
- 7 put sauces on
- 8 eat it

